



## **Bell County COVID19 Action Plan**

### **Stage 1 (no confirmed cases of COVID19)**

- Stay home if you are sick
- Avoid contact with persons who are sick
- Avoid touching your eyes, nose, and mouth with unclean hands
- Cover your cough or sneeze with a tissue and throw the tissue away
- Clean and disinfect frequently touched objects and surfaces with a disinfectant
- Don't travel to areas with active community spread of COVID19
- Wash your hands with soap and water regularly and use hand sanitizers with at least 60% of alcohol content when soap and water are not available

### **Stage 2 (a confirmed case of COVID19)**

- All of Stage 1 measures
- Actively practice 'social distancing' ... whenever possible maintain 6 feet distance from other persons
- Avoid physical contact with other persons in social and workplace settings

### **Stage 3 (community spread of COVID19)**

- All Stage 1 & Stage 2 measures
- Bell County &/or BCPHD may issue orders restricting and/or prohibiting mass gatherings and/or movement of people

### **Resources :**

National : Centers for Disease Control and Prevention ("CDC")  
[www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)

State: Texas Department of Health and Human Services ("DSHS")  
[www.dshs.texas.gov/coronavirus](http://www.dshs.texas.gov/coronavirus)

Bell County: Bell County Public Health District ("BCPHD")  
[www.bellcountyhealth.org](http://www.bellcountyhealth.org)  
Bell County  
[www.bellcountytx.com](http://www.bellcountytx.com)